



Gelderland-Midden

Subject: Health check children 10/11 years of age

Dear parent(s) / care giver(s),

All children of the age 10/11 years are offered a health check by the department of youth health care of GGD Gelderland-Midden. This check is a continuation of the care given to your child at the age of 5/6. We would like to see if your child is developing well and if the growth is adequate. You can ask us any of your own questions by filling in the enclosed questionnaire. The children will be seen at school. It is not necessary for parents to be present during the check.

Soon the doctor's assistant will carry out the checks at school and your son/daughter will be seen. The assistant will explain the check to the children in the class shortly beforehand. The school knows when the checks are going to take place.

What can your child expect?

- To begin with, the doctor's assistant will have a short conversation with your child. For example about school, sport and relationships with other children;
- the doctor's assistant will measure the length and weight of your child. Your child doesn't have to get undressed. Eyes and ears will only be tested if there are doubts or complaints about sight or hearing.
- The check takes about 15 minutes;
- Your child will receive a letter to take home with the results of the check.

What happens next?

If there were any peculiarities during the check or you had questions, you will get an invitation for a follow up with the school doctor or school nurse. The doctor or nurse can also decide to phone you or send you an email.

Questionnaires

Included with this letter are two questionnaires for you to fill out. The first one is about general health issues. The second one contains questions about emotions, concentration and your child's behavior. Your answers, comments or questions may lead to an invitation with the school doctor or school nurse. You can also indicate if you would like an appointment, with or without your child

Would you please hand in the filled in questionnaires to your child's teacher in the enclosed envelope within one week?

Privacy

All the information collected through the questionnaires and during the check is covered by professional secrecy. This means that none of the collected information will be shared, i.e. with school, without prior consent of the parents. The youth health department works with schools but is completely independent.

Advice and examinations if you have questions, doubts or worries.

As a parent you can always make an appointment with the youth health care. You can contact us if you have questions or worries about your child's health, development or behavior. If necessary, you can make an appointment. Both the school doctor and school nurse regularly have consultation hours at your child's school or at a neighbouring school.

Do you have questions or would you like to make an appointment?

- For information please visit our website: www.vggm.nl/jeugdengezondheid
- You can send an e-mail to: ggd@vggm.nl
- Or you can phone us during office hours between 9.00 – 12.00 o'clock and 13.00 – 17.00 o'clock: tel.no: 088 355 60 00. This is also the number to phone if you want to make an appointment with the school doctor or school nurse.

On behalf of the youth health care team of your school,

With kind regards,



Janine Bezem
Head of the youth health care department

Attachments: questionnair elementary school 10/11 years, sdq questionair and envelope